

RAD-IT

Responding to Adolescent Depression through Integration and Telemedicine

Did You Know? Most adolescents *fully recover* from depression with appropriate treatment.

Would your practice benefit from having more resources to treat adolescent depression? We can help! RAD-IT is a training program for rural primary care clinicians or those located in a Health Professional Shortage Area (HPSA). It is designed to address the statewide increase in teen depression, and help you better meet the behavioral health (BH) needs of your adolescent patients through:



Custom Assistance and Support

Each practice receives a **dedicated practice facilitator** who will help you: implement effective screening and treatment practices, utilize telehealth, develop and/or improve workflow and billing procedures, and implement follow-up and patient monitoring protocols.



Telehealth Equipment – Yours to Keep

Each practice receives **FREE, high-quality, HIPAA-compliant telehealth equipment and software valued at ~\$5,000**. You may use the equipment for telehealth visits with any of your patients. The WebEx platform is valid for 3 years, and the equipment is yours to keep upon program completion.



Network of Behavioral Health Professionals

You will have access to the Remote Care for Kids (RCK) Network, a **telehealth network of over 100 licensed BH providers** who specialize in adolescent depression. They are committed to the RAD-IT program and may be used for clinician-to-clinician consults, or as a treatment resource for your patients.

You also receive **BH referral guides** with up-to-date information on BH clinicians near your practice.



Virtual Training and Resource Toolkit

Eligible clinicians receive 20-50 Continuing Medical Education (CME) and Maintenance of Certification (MOC) credits.*

You also have access to an interactive Learning Management System with a toolbox of resources for clinicians, teens, and their parents, including up-to-date information on depression, bullying, substance use, self-harm, suicidality, telehealth, and more.

For more information or to enroll, visit altarum.org/RAD-IT or contact:

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*ALTARUM is accredited by the Michigan State Medical Society to provide continuing medical education for physicians. Altarum designates this PI CME activity for a maximum of 30 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.